

WEEK 1

WEEK 2

WEEK 3

WEEK 4

The Kitchen

"If you organize your kitchen, you can organize your life!" - Louis Parrish

Remember Focus Points

- Ask Yourself 4 Questions
- Perform Power Purge
- Re-think the Space
- Contain

NOTES

Where to Start

- Pick a section to start and pull everything out
- Sort items to keep, trash, donate, re-home
- Divide things into 'like' categories
- Check expiration dates & discard expired items
- Wipe down all surfaces
- Ensure storage containers have lids, discard or donate extras with no match
- Use baskets & bins to contain like items & label
- Position items you use most in front
- Ensure clean counters & everything has a home

BUZZ Tips

- Consider decanting commonly used foods for freshness & easy access (baking, pasta, snacks, etc.)
- Elevate items with shelf riser or tiered shelf, add in deep drawer bins or pull-out shelves for lower cabinets
- Consider using turn tables to keep things in contained space
- Consider your primary real estate, what do you use most often that you want within reach
- Rethink categories in terms of functional zones (kid zones with plastic cups/plates, coffee/tea zone)
- Use Museum Gel to keep drawer organizers in place